



Innovative. Forward-Thinking.

HEALTH CARE AT THE BALDWIN



The Baldwin

What's different about health care at The Baldwin?

Our modern understanding of what it takes to remain healthy as we age has grown by leaps and bounds, and many of today's seniors are living longer, healthier lives. With a focus on whole-person wellness, Life Plan Communities* like The Baldwin help make this possible by providing convenient access to routine health screenings, countless ways to enhance physical fitness, the opportunity to build and strengthen social connections, and abundant programs and amenities that support an active, engaged lifestyle.

The happy result of this is that fewer seniors ever need the types of services that require long-term care in a stereotypical, clinical nursing home. That's very good news for the vast majority of people who say they dread the idea of moving to one. And it's the thinking behind The Baldwin's flexible system of expansive, on-site health care.

In addition to a medical clinic for acute needs which will be managed by a preferred partner, residents at The Baldwin will have priority access to a full continuum of health care services on our campus including personal care, home health care provided by a preferred partner, assisted living, short-term rehabilitation, memory support and hospice services. We will be licensed by The State of New Hampshire as an Assisted Living Residences–Supported Residential Health Care Facility (ALR–SRHCF). Under this license, The Baldwin will be staffed and equipped to provide the care you need where you most want to be — your home.

This system of flexible health care is just another part of The Baldwin's forward-thinking philosophy and is designed to empower you to live the way you choose.

Paying for health care at The Baldwin

The Baldwin offers a choice of two contract options that will determine how you pay for health care in our community should you ever need it.

- **LifeCare Type A — 85% Return of Capital:** Under this option, you will have guaranteed access to The Baldwin's health-related services including unlimited, lifelong care in the Supported Residential Health Care assisted living or memory support households, with little cost beyond your monthly service fee. In addition, a portion of your entrance fee and your monthly fee may be tax-deductible.**
- **Fee-for-Service:** Under this option, you will have guaranteed access to The Baldwin's assisted living and other health-related services. You will be responsible for the full cost of the services you use.

If you have long-term care insurance, be sure to check the details of your policy before deciding which contract type is best for you. Most, but not all, policies have benefits that can be used to help cover the cost of home care services and assisted living.



Can The Baldwin help me recover after a hospital stay?

In the past, when an individual experienced a hospital stay for an acute illness, injury or surgery, the default "next step" was usually a nursing home stay. This is no longer the case. Today, it is common for a person being discharged from a hospital to be sent directly home, with arrangements made for home care services. The Baldwin will be

* Life Plan Communities are also known as continuing care retirement communities or CCRCs.

** Consult your financial advisor for details regarding your personal tax situation.

staffed and equipped to provide home care in your independent living apartment and rehabilitation services on our campus, so we will be able to assist in your recovery until you are well again.

What if I need a higher level of care?

If home care services in your independent living apartment are not an option for you, you may choose a temporary stay at our on-campus assisted living household (ALR-SRHCF), where you will receive assistance with personal care, nurse monitoring and rehabilitative services until you are ready to return to your independent living home.



In addition, New Hampshire's ALR-SRHCF license allows The Baldwin to admit and serve those individuals who require a higher level of care than is typically allowed in a traditional assisted living community. With a nurse on duty 24/7, we will have the ability to provide a wide range of care services in your assisted living residence, including continuing nursing care or monitoring, short-term medical care or even hospice care. The Baldwin will also offer on-site physical, occupational and speech therapy.

Will Medicare be billed for my care at The Baldwin?

While The Baldwin will not be able to bill Medicare for a nursing home stay, it's important to realize that most Medicare-paid stays are typically 14



days or less. And, as noted above, those stays have become far less common. However, since The Baldwin will be your home, *Medicare can be billed for home health care services provided in your independent living apartment.* This includes but is not limited to services such as medical management, IV medications, wound management and rehabilitation services.

What specific health care services can be provided at The Baldwin?

The chart below provides a comprehensive look at the types of home health care and assisted living services residents at The Baldwin will be able to receive on our campus. We invite you to use this chart as a worksheet to compare the supported residential services at The Baldwin to those offered at other CCRCs or Life Plan Communities.

Services	The Baldwin	Other Community
Annual survey by regulatory agency to ensure high quality of care	✓	
Nurse and staff on duty (awake) 24/7	✓	
Staff receive highest level of training in: nurse competencies for all clinical areas; infection control; residents' rights and privacy; dementia care; emergency care; mandatory reporting to state agencies; and food safety, sanitation and storage.	✓	
Small-home model of care with benefits such as improved infection control, greater socialization, improved lifestyle/quality of life, and relationships with staff	✓	
Provide basic personal care supplies (hairbrush, toothbrush/toothpaste, soap, shampoo/conditioner, deodorant)	✓	
Three meals per day, snacks and 24-hour kitchen access	✓	
Therapeutic diets	✓	
Social and recreational activities	✓	
Housekeeping, laundry service and linen changes	✓	
Maintenance	✓	
Free local transportation provided for medical/dental appointments and personal errands/outings	✓	
Bathing, dressing and grooming assistance	✓	
Assistance with transfers (sit/stand/walk)	✓	
Mechanical lift	✓	
Wheelchair (self-propelled by resident)	✓	
Wheelchair (propelled by staff)	✓	
Supervision of residents with cognitive deficits	✓	
Secure housing unit to minimize elopement risk	✓	
Emergency call system in all suites	✓	
Pendant system for emergency communication, if requested	✓	
Emergency and disaster plan with shelter-in-place	✓	
Infection control identification and prevention program	✓	
Able to accept medication and treatment orders and changes from physicians	✓	

Services	The Baldwin	Other Community
Medication management	✓	
Medication supervision	✓	
Medication administration	✓	
Insulin injections, including sliding scales and multiple injections per day	✓	
IV antibiotic medications (assessed individually)	✓	
Pain management/narcotic management and administration	✓	
Pharmacy services and delivery available	✓	
Assistance in procuring medical supplies as needed	✓	
Assistance with arranging medical and dental appointments	✓	
Obtain labs and X-rays on-site	✓	
On-site rehabilitation: physical, occupational and speech therapies (with a preferred provider)	✓	
Wound care that requires a nurse assessment and treatment	✓	
Catheter use	✓	
Oxygen use	✓	
G-tube/feeding tube (<i>assessed individually</i>)	✓	
Colostomy/ileostomy (<i>assessed individually</i>)	✓	
Hospice care	✓	
Respite care stays available	✓	
Nasogastric tube (NG tube)		
Tracheostomy, ventilator, respirator		
Psychiatric care or management of violent behavior		
Medicare pay for Part A nursing home stay		
Medicare pay for Part A skilled home care services in independent living (with a preferred provider)	✓	
Medicare pay for Part B services (with a preferred provider)	✓	
Private pay/insurance accepted (with a preferred provider)	✓	
A not-for-profit 501(c)(3) organization	✓	