



Innovative. Forward-Thinking.

**HEALTH CARE AT THE BALDWIN**



The Baldwin



## What's different about health care at The Baldwin?

**Our modern understanding of what it takes to remain healthy as we age has grown by leaps and bounds, and many of today's seniors are living longer, healthier lives.** With a focus on whole-person wellness, The Baldwin helps make this possible by providing convenient access to routine health screenings, countless ways to enhance physical fitness, the opportunity to build and strengthen social connections, and abundant programs and amenities that support an active, engaged lifestyle.

The happy result of this is that fewer seniors ever need the types of services that require long-term care in a stereotypical, clinical nursing home. That's very good news for the vast majority of people who say they dread the idea of moving to one. And it's the thinking behind The Baldwin's flexible system of expansive, on-site health care.

**In addition to an on-site Wellness Clinic for acute needs, residents at The Baldwin have priority access to a continuum of healthcare services on our campus when needed.** The Baldwin is licensed by The State of New Hampshire as an Assisted Living Residences—Supported

Residential Health Care Facility (ALR–SRHCF). Under this license, The Baldwin is staffed and equipped to provide care in your apartment home or in your private suite at Orchard Inn at The Baldwin. Our staff includes a social worker, licensed nurses and licensed nursing assistants who are specially trained to provide care in your home. A registered nurse is on duty 24/7.

- **Resident Services** designed to provide the assistance you need to manage your health, live safely in your apartment home, and continue to enjoy the independent lifestyle you love.
- **Assisted Living and Memory Support at Orchard Inn**, our innovative, on-site, small-home households with consistent, dedicated Innkeepers who provide just the right amount of personalized support to help residents enjoy a sense of autonomy and purpose.
- **Nursing Care** can be provided in your apartment home or your private suite at Orchard Inn — whether the need is for continuing nursing care or monitoring, short-term medical care, or even hospice.
- **Short-Term Rehabilitation** including on-site physical, occupational, and speech therapies.



The Baldwin

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*The Baldwin is a not-for-profit 501(c)(3) organization.*



**This system of flexible health care is just another part of The Baldwin's forward-thinking philosophy and is designed to empower you to live the way you choose.**

### **Can The Baldwin help me recover after a hospital stay?**

In the past, when an individual experienced a hospital stay for an acute illness, injury or surgery, the default "next step" was usually a nursing home stay. This is no longer the case. Today, it is common for a person being discharged from a hospital to be sent directly home, with arrangements made for home care services. The Baldwin is staffed and equipped to provide home care in your independent living apartment and rehabilitation services on our campus, so we will be able to assist in your recovery until you are well again.

### **What if I need a higher level of care?**

If home care services in your independent living apartment are not an option for you, you may choose a temporary stay at Orchard Inn, where you will receive assistance with personal care, nurse monitoring and rehabilitative services until you are ready to return to your independent living apartment.

In addition, New Hampshire's ALR-SRHCF license allows Orchard Inn at The Baldwin to admit and serve individuals who require a higher level of care than is typically allowed in a traditional assisted living community. With a nurse on duty 24/7, we can provide a wide range of care services including continuing nursing care or monitoring, short-term medical care or even hospice care. The Baldwin will also offer on-site physical, occupational and speech therapy.

### **Will Medicare be billed for my care at The Baldwin?**

While The Baldwin will not be able to bill Medicare for a nursing home stay, it's important to realize that most Medicare-paid stays are typically 14 days or less. And, as noted above, those stays have become far less common. However, since The Baldwin will be your home, *Medicare can be billed for home health care services provided in your independent living apartment.* This includes but is not limited to services such as medical management, IV medications, wound management and rehabilitation services.

### **What specific healthcare services can be provided at The Baldwin?**

The chart on the next two pages provides a comprehensive look at the types of home health care and assisted living services residents at The Baldwin will be able to receive on our campus. We invite you to use this chart as a worksheet to compare the supported residential services at The Baldwin to those offered at other CCRCs or Life Plan Communities.



Services	The Baldwin	Other Community
Annual survey by regulatory agency to ensure high quality of care	✓	
Nurse and staff on duty (awake) 24/7	✓	
Staff receive highest level of training in: nurse competencies for all clinical areas; infection control; residents' rights and privacy; dementia care; emergency care; mandatory reporting to state agencies; and food safety, sanitation and storage.	✓	
Small-home model of care with benefits such as improved infection control, greater socialization, improved lifestyle/quality of life, and relationships with staff	✓	
Provide basic personal care supplies (hairbrush, toothbrush/toothpaste, soap, shampoo/conditioner, deodorant)	✓	
Three meals per day, snacks and 24-hour kitchen access	✓	
Therapeutic diets	✓	
Social and recreational activities	✓	
Housekeeping, laundry service and linen changes	✓	
Maintenance	✓	
Free local transportation provided for medical/dental appointments and personal errands/outings	✓	
Bathing, dressing and grooming assistance	✓	
Assistance with transfers (sit/stand/walk)	✓	
Mechanical lift	✓	
Wheelchair (self-propelled by resident)	✓	
Wheelchair (propelled by staff)	✓	
Supervision of residents with cognitive deficits	✓	
Secure housing unit to minimize elopement risk	✓	
Emergency call system in all suites	✓	
Pendant system for emergency communication, if requested	✓	
Emergency and disaster plan with shelter-in-place	✓	
Infection control identification and prevention program	✓	
Able to accept medication and treatment orders and changes from physicians	✓	



Services	The Baldwin	Other Community
Medication management	✓	
Medication supervision	✓	
Medication administration	✓	
Insulin injections, including sliding scales and multiple injections per day	✓	
IV antibiotic medications (assessed individually)	✓	
Pain management/narcotic management and administration	✓	
Pharmacy services and delivery available	✓	
Assistance in procuring medical supplies as needed	✓	
Assistance with arranging medical and dental appointments	✓	
Obtain labs and X-rays on-site	✓	
On-site rehabilitation: physical, occupational and speech therapies (with a preferred provider)	✓	
Wound care that requires a nurse assessment and treatment	✓	
Catheter use	✓	
Oxygen use	✓	
G-tube/feeding tube ( <i>assessed individually</i> )	✓	
Colostomy/ileostomy ( <i>assessed individually</i> )	✓	
Hospice care	✓	
Respite care stays available	✓	
Nasogastric tube (NG tube)		
Tracheostomy, ventilator, respirator		
Psychiatric care or management of violent behavior		
Medicare pay for Part A nursing home stay		
Medicare pay for Part A skilled home care services in independent living (with a preferred provider)	✓	
Medicare pay for Part B services (with a preferred provider)	✓	
Private pay/insurance accepted (with a preferred provider)	✓	
A not-for-profit 501(c)(3) organization	✓	

